

Childbirth Education CLASSES

The Women's Health Center at Jacobi Medical Center offers a series of 3 classes to help you prepare for the birth of your baby. You will learn about labor and delivery, postpartum, and infant care. New series of classes begin each month. You can attend on Tuesday evenings or Friday afternoons. It's best to start in your 7th month.

En el Centro de Salud de Mujeres del Hospital Jacobi se ofrecen una serie de 3 clases de Lamaze donde usted recibe información sobre el parto, cuidado después del parto, lactancia materna y cuidado del recién nacido. Clases se ofrecen todos los meses. Usted puede ir los Martes en la noche o los Viernes en la tarde. El mejor tiempo para comenzar las clases es durante el séptimo mes de su embarazo.



March 2013

Tuesdays: 5:45pm to 8:00pm

March 5th, 12, and 19th

Building #8, 3rd Floor, Area 3A

Martes 5:45pm – 8:00 pm

Marzo 5, 12, 19

Edificio #8, 3rd Piso, 3A

April 2013

Fridays: 1:45pm to 4:00pm

April 5th, 12th, and 19th

Building #8, 3rd Floor, Area 3A

Viernes 1:45 pm to 4:00pm

Abril 5, 12, y 19

Edificio #8, 3rd Piso, 3A

**To pre-register and for more information, please call
Ellen Walk at (718) 918- 6391**

*Para pre-registrarse y para mas información, por favor llame a
Ellen Walk a (718) 918 – 6391.*

Supported by the Jacobi Medical Center Auxiliary, Inc.
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JACOBI MEDICAL CENTER

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